

Notice in Acts 13:42 that the Gentiles wanted to hear the preaching on the next Sabbath. Paul didn't preach to them the next day, which would have been Sunday. If the early church was meeting on Sunday, Paul would have simply taught them the very next day which was a Sunday. He didn't do this. He waited until the next Sabbath.

**Paul kept the Sabbath.** We are told that Paul's custom was to preach on the Sabbath. *Act 17:2 And Paul, as his manner was, went in unto them, and three sabbath days reasoned with them out of the scriptures, Act 18:4 And he reasoned in the synagogue every sabbath, and persuaded the Jews and the Greeks.* This is the early church, and both Jew and Gentile were meeting together on the Sabbath.

**Neither Jesus, nor Paul ever taught that the Sabbath was just for Israel.** In fact there is no mention anywhere in the Bible of the Sabbath being just for Israel or the Jew. Pay close attention to: *Exodus 16:23 And he said unto them, This is that which the LORD hath said, To morrow is the rest of the holy sabbath unto the LORD:* ... Does it say the Sabbath is for Israel or the Jews? No. It says "the holy sabbath unto the LORD". The Sabbath is the Lord's Sabbath. He made it for mankind, and He claims it.

*Mat 12:8 For the Son of man is Lord even of the sabbath day.*  
*Mar 2:28 Therefore the Son of man is Lord also of the sabbath.*

**The Sabbath doesn't belong to Israel. It belongs to God, who made it for the benefit of mankind.** It was established by God at creation before there was Jew or Gentile. *Gen 2:2 And on the seventh day God ended his work which he had made; and he rested on the seventh day from all his work which he had made. Gen 2:3 And God blessed the seventh day, and sanctified it: because that in it he had rested from all his work which God created and made. God sanctified the seventh day immediately upon the arrival of the very first Sabbath ever.* There was never a time when the seventh day of the week was not sanctified.

**God, Himself kept the Sabbath** from the very first Sabbath which we have just read, to when He returned to His creation and walked among us as Jesus Christ. *Luk 4:16 And he came to Nazareth, where he had been brought up: and, as his custom was, he went into the synagogue on the sabbath day, and stood up for to read.* He provided us the perfect example to follow.

**The seventh day of creation was called the Sabbath.** *Exo 20:11 For in six days the LORD made heaven and earth, the sea, and all that in them is, and rested the seventh day: wherefore the LORD blessed the sabbath day, and hallowed it.*

**The Sabbath is the 4<sup>th</sup> commandment.** *Exo 20:8 Remember the sabbath day, to keep it holy. Exo 20:9 Six days shalt thou labour, and do*

*all thy work: Exo 20:10 But the seventh day is the sabbath of the LORD thy God: in it thou shalt not do any work, thou, nor thy son, nor thy daughter, thy manservant, nor thy maidservant, nor thy cattle, nor thy stranger that is within thy gates: Exo 20:11 For in six days the LORD made heaven and earth, the sea, and all that in them is, and rested the seventh day: wherefore the LORD blessed the sabbath day, and hallowed it.*

**Jesus instructs us to keep His commandments** *Joh 14:15 If ye love me, keep my commandments.*

**The New Testament reminds us to Keep the commandments.** *Mat 19:17 ...but if thou wilt enter into life, keep the commandments. Joh 15:10 If ye keep my commandments, ye shall abide in my love;... 1Jn 5:3 For this is the love of God, that we keep his commandments: 1Jn 2:3 And hereby we do know that we know him, if we keep his commandments. 1Jn 2:4 He that saith, I know him, and keepeth not his commandments, is a liar, and the truth is not in him.*

**The resurrection of Jesus did not change the Sabbath.** Hebrews 4:8 tells us specifically that the Seventh day Sabbath was not changed by the coming of Jesus. *Heb 4:8 For if Jesus had given them rest, then would he not afterward have spoken of another day. Heb 4:9 There remaineth therefore a rest to the people of God.*

## The Christian Sabbath

We sometimes hear that Christians need not keep the Sabbath, because the Sabbath was given only to the Israelites. Jesus said that the Sabbath was made for man. He never said it was just for Israel. *Mar 2:27 And he said unto them, The sabbath was made for man, and not man for the sabbath:*

Paul said that there was no distinction between Jew or Greek. He said we are all one. *Gal 3:28 There is neither Jew nor Greek, there is neither bond nor free, there is neither male nor female: for ye are all one in Christ Jesus.*

Paul also stated that we are grafted in and that we partake of the root. *Rom 11:17 And if some of the branches be broken off, and thou, being a wild olive tree, wert grafted in among them, and with them partakest of the root and fatness of the olive tree;*

**The early Christian church met on the Sabbath.** *Act 13:42 And when the Jews were gone out of the synagogue, the Gentiles besought that these words might be preached to them the next sabbath. Act 13:43 Now when the congregation was broken up, many of the Jews and religious proselytes followed Paul and Barnabas: who, speaking to them, persuaded them to continue in the grace of God. Act 13:44 And the next sabbath day came almost the whole city together to hear the word of God.*

For more information on this topic and many more, please visit the website: [Godmadeus.com](http://Godmadeus.com)

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**The Sabbath  
is for the Jews**



**This informational  
pamphlet shows that  
the Sabbath is not only  
for the Jews and Israel**

